

pasta

Lasagna \$14.95

Home made – Mama Mia, Its Bueno!

Seafood Crepe \$13.95

Stuffed with tasty seafood in a creamy lobster sauce

Baked Fettuccine \$16.95

Fettuccine pasta in a white wine cream sauce with sautéed chicken, mushrooms, peppers, baked with mozzarella cheese

Fusili Pasta \$17.50

Creamy tomato sauce, grilled tiger shrimps, garlic sautéed onions, broccoli

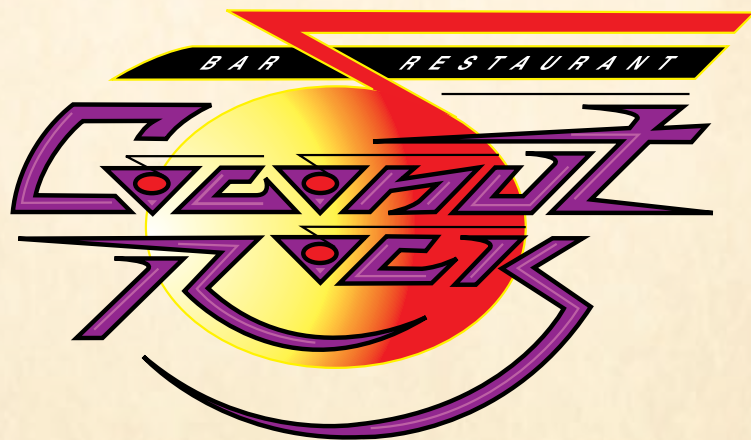
Penne Olivetti \$18.50

Tossed in olive oil with roasted garlic, fresh vegetables & jerk chicken

THANK YOU FOR STOPPING IN AT COCONUT ROCK



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15% GRATUITIES WILL BE ADDED FOR YOUR CONVENIENCE



dinner

appetizers

Shanghai Rolls \$11.95

Homemade egg rolls filled with chicken and vegetables served with an oriental sweet chili sauce

Beef Crostini \$14.95

Tender beef & sautéed onions tossed in a BBQ sauce, on a sliced baguette & topped with melted mozzarella

Golden Fried Tiger Shrimps \$13.95

Our very own panko crusted tiger shrimps served with a chili tartar sauce

Chili Cheese Fries \$13.95

Cajun fries topped with beef chili, jalapenos, cheddar and mozzarella cheese

Cajun Turbot Bites \$12.95

Marinated turbot done in a light batter & served with a sweet chili tartar sauce

Cheese Sticks \$11.95

Cheese in a crispy breading served with a marinara sauce

Calamari \$12.95

Marinated & crispy fried with a sweet and sour hoison sauce

Tres Qesos Nachos \$13.50

Crispy tortilla chips topped with refried beans, chicken and three melted cheeses, with sour cream and guacamole

Escargot \$13.50

Burgundy snails baked in roast garlic butter, topped with herbed bread crumbs

Shrimp Tempura \$10.95

Tiger shrimps in a crispy batter served with tempura sauce

Green Skins \$12.95

Potato Skins stuffed with creamed spinach sprinkled with Parmesan cheese

Shrimp and Avocado \$12.95

Juicy crevettes marinated "Asian Style" served with ripe avocado

C-Rock Red Hots • \$9.95 six wings \$17.95 twelve wings

Choose from three styles either in a honey sauce, mesquite sauce, or a blend of both, served with blue cheese dressing and fresh celery sticks

Garlic Bread \$3.95

Warm from the oven

SOUPS

Soup of the Day \$6.50

Our chef's creation made fresh daily

Fish Chowder \$7.25

A traditional Bermudian recipe made with Goslings Bermuda Black Rum

salads

Traditional Caesar Salad \$8.95 Add Chicken \$4.50

Crisp romaine lettuce tossed with our very own dressing

Garden Salad \$8.95

Mixed greens tossed with onions, tomatoes, peppers and served with your choice of dressing

Rock Shrimp Salad \$17.50

Mixed greens topped with grilled tiger shrimps, marinated mushrooms, red peppers, creamy balsamic dressing, served with sun dried tomato and onion focaccia

Grilled Steak Salad \$16.95

A bed of mixed greens with a grilled flank steak, balsamic vinaigrette dressing, cherry tomatoes, cucumbers, roasted pesto and pimento baguette

Barbecued Chicken Salad \$16.95

Mixed greens with barbecued chicken, cucumbers, tomatoes, onions, cheddar cheese and ranch dressing served with oven warm corn bread

Mediterranean Salad \$11.95

Romaine lettuce with avocado, cherry tomatoes, Kalamata olives, Parmesan shavings and tortilla strips, drizzled with a citrus vinaigrette

sandwiches

C-Rock Chicken Sandwich \$14.95

Grilled chicken breast, sesame bun, bacon, Swiss cheese & hollandaise

Cheesy Pig \$14.95

A lean 6oz. burger topped with bacon & grilled with American cheese

All dishes above are served with French fries and coleslaw

steaks

10 oz. Chairman's Rib Eye Steak \$27.95

10 oz. New York Strip Steak \$27.95

8 oz. Filet Mignon \$34.95

Add Tiger Shrimps \$10.95

Sauces: Pepper, Port Wine

house specials

SEAFOOD THERMIDOR \$23.95

Sautéed scallops & tiger shrimps in a cream sauce with mushrooms, topped & baked with hollandaise

BBQ Beef Ribs \$24.50

Lip smacking beef rib with 5 different spices, Coconut Rock Style

Chicken Quesadillas \$19.50

Crispy baked flour tortillas filled with chicken in a Mexican salsa & cheese, served with sour cream & guacamole

Fish and Chips \$19.95

Traditional English style battered fish, French fries and coleslaw

Beef Pendang \$19.95

Slow cooked beef in spicy coconut-kaffir lime sauce, tomatoes & ginger

Braised Lamb Shank \$24.95

Tender lamb on the bone, served with a red wine sauce

Sweet & Sour Chicken \$19.50

Lightly fried chicken served in a sweet & sour sauce, onions, peppers and pineapples

Coconut Chicken \$19.95

Tender chicken in a mildly spiced coconut cream sauce, tomatoes, scallions

Buffalo Pork Spare Ribs \$18.95

Braised pork ribs smothered in a classic buffalo bbq style sauce

Rack of Lamb \$39.95

Dijon mustard & fresh herb crusted rack of lamb with a port wine sauce

Tiger Shrimps \$23.50

Grilled tiger shrimps served in a fresh herb & garlic butter

Lamb Sambal \$24.95

Tender lamb in a red curry sauce with Indian spices & coconut milk

Catch of the Day \$24.95

Seasoned with garlic & dill, pan-fried, grilled or Cajun style served in a lemon butter sauce.

Local catch when available. (Rockfish at market price)

Lemon Pepper Chicken \$18.95

Grilled chicken breast, lemon pepper seasoning & lemon butter sauce

All house specials are served with a choice of baked potato, French or sweet potato fries, Cajun steak fries, sweet potato mash, garlic mashed potato, or seasoned rice + choice of either vegetable, coleslaw, or salad